



Website address: www.u3arotorua.com

ROTORUA U3A FEBRUARY 2018 NEWSLETTER

NEXT COMMUNITY FORUM

Date and time: **Wednesday 21 February - doors open at 9.30 am.**

Venue: **Bridge Club Rooms, Neil Hunt Park, Tarawera Rd., Lynmore.**

Speaker: **Gillian Eadie**

Co-founder and managing director of the Memory Foundation, Auckland.

Topic: **Are we looking after our Memory?**



Gillian will be speaking about strategies for building new brain connections as a buffer against memory loss in later life. She addresses issues like losing our glasses and car keys; forgetting names and appointments; whether we've taken our meds and even why we've come into a room. These strategies have been developed by her co-founder and sister, Dr Allison Lamont, in conjunction with her Memory Clinic. Her programmes are based on her internationally acclaimed research into age-related memory loss.

Light refreshments will be provided at the beginning of the meeting.

Rotorua U3A 2017/18 Committee

President	Peter Wood	345 5099	stpeterwood@gmail.com
Vice President	Paddi Hodgkiss	345 6639	patpaddihodgkiss@gmail.com
Secretary	Jenny Mitai	348 3903	jenettemitai@yahoo.com
Treasurer	Ann Sullivan	348 1991	annsullivan822@gmail.com
Group Coordinator	Peter Wood	345 5099	stpeterwood@gmail.com
Newsletter	Ruth Gadgil	348 1836	ruth.gadgil@xtra.co.nz
Almoner	Mel Bowen	345 3221	mel.bowen@xtra.co.nz
Members	Jim Hartwig	985 4146	wieland00@gmail.com
	Alison Brown	345 7640	alib@memoriesmatter.co.nz
	Veronica Morgan	348 2735	vlmorgan@nowmail.co.nz
Website Manager	Andrew Patterson	345 6337 or 027 9243003	andy@pat.gen.nz

A reminder to all Rotorua U3A members;

Mel Bowen is our **U3A Almoner**. He is always ready and willing to visit, call on or telephone any one of our members who may be unwell. If you (or someone you know) would like to get in touch with Mel, please call him on

345 3221, or email almoner@u3arotorua.com

Pauleen Wilkinson writes

On behalf of all the members I would like to say a big THANK YOU to Peter Wood, our President, for his time and diligence in the running of U3A, also to all members of the committee for their involvement in the organising of the two-monthly Community Forums. Throughout last year we had some really interesting and most enjoyable guest speakers. Being an optimist – I know we are going to be in for another great year.



News from the Groups (see p3 for meeting times and venues):

Square Dancing starts for the year on Tuesday 27 February 10.30-12.15 at Parksyde.

Photography Group 1 meets at the Mokoia Community Centre to show pictures from previous activities and homework and to take part in little workshops. Examples of activities are visits to the Maketu wetlands and to the Tree Church near Cambridge; night-time photos with fire and light.

Art History 1 now has two vacancies.

Photography Group 2 is in need of more members. They organise trips to take photos and to provide companionship. Photos are shared and they try out new things such as macrophotography and editing.

The Knitting and Crochet Group would love to welcome new members *“particularly people who enjoy a hearty natter on all sorts of topics, can handle that we do not provide eats, are keen gardeners, and regularly meet in each other’s homes. We’ve made a collection of scarves and beanies for low-decile school children. Donations of 4 and 8 ply yarn would be very welcome.”*

Ethnic Diners would welcome a few more participants. They currently meet every month on their summer schedule at 6.30pm changing to 12.30pm in April.

Writing for Families 1 has space for two more members.

Current Events 2 has four vacancies and would like at least two of these to be filled by men.



Blanche Kingdon (Ph 348 7990) would like to start a
Maori Conversation Group

“My idea is to endeavour to converse a little with each other. I would expect that most of those in the group would have had some previous formal training but others could gain from the rest. I would be prepared to coordinate and start things off, but would expect each of us to be prepared to have input into future meetings. I don’t want to run the show - I am not a teacher.”

IMPORTANT MESSAGE

If you receive this newsletter by post and there is a coloured sticker here → → your subscription to Rotorua U3A is overdue. Our bank account details are:

Bank: ASB Name: U3A Rotorua Account Number: 123155 0129267-01

ROTORUA U3A INTEREST GROUPS

Shading indicates that the group currently has vacancies (February 2018)

Topic	Time	Contact
Armchair Readers	2 nd Thursdays 10.00am	Joce Andrews 345 9443
Art history (1)	2 nd & 4 th Mondays, 2.00pm	Anne Hunt 348 7680 anneanddonhunt@gmail.com
Art history (2)	1st & 3rd Mondays, 2.00pm	Lyndall Hermitage 362 4496
Book Reviews (1)	3 rd Mondays, 2.00pm	Jill Nicholas 347 9647 jill.nicholas@gmail.com
Book Reviews (2)	4 th Mondays, 2.00pm	Di Edwards 348 3548 diedwards@kinect.co.nz
Cooking for One	Check with Kevin Quick.	Kevin Quick 357 2792 kwix41@icloud.com
Current Events (1)	1 st & 3 rd Thursdays 10.00am	Ann Bosomworth 345 8339 annbosomworth@gmail.com
Current Events (2)	1 st Wednesdays 10.00am	Blanche Kingdon 348 7990
Current Events (3)	2 nd Tuesdays 10.00am	Jim Hartwig 985 4146
Ethnic Dining	3 rd Wednesdays, 6.00pm	Annie Wells 027 4595157
Films/Theatre	1 st Mondays, 12.30pm	Jenny Mitai 348 3903 Margaret Lett 343 9223 margaretlett@gmail.com
Gilbert and Sullivan Operettas	4 th Wednesdays, 2.00pm	Ann Sullivan 348 1991 annsullivan822@gmail.com
History	2 nd & 4 th Fridays, 9.30am	Brian Gillespie 348 7611
Knitting & Crochet Enthusiasts	1 st & 3 rd Fridays 10.30am	Miriam Ruberl 027 2487542 miriam.ruberl@gmail.com
Número Group	Every Friday, 1.00pm	Margaret Neale 348 5696
Pacific Studies	2nd Wednesdays, 10am	Graeme Ennor 348 6219 graeme.ennor@xtra.co.nz
Philosophy	2 nd & 4 th Thursdays 2.00pm	Peter Wood 345 5099 stpeterwood@gmail.com
Photography (1)	2 nd & 4 th Tuesdays 2.00pm	Jim Hartwig 985 4146 wieland00@gmail.com
Photography (2)	2 nd & 4 th Fridays, 10.00am	Carol Patterson 357 2523
Poetry	2 nd Thursdays 1.00pm	Margaret Lett 343 9223 margaretlett@gmail.com
Science & Engineering	2nd & 4th Mondays, 10.00am	Mel Bowen 345 3221 mel.bowen@xtra.co.nz
Singing – the “Grey Warblers”	Twice monthly – time and venue notified by e-mail	Kevin Quick 357 2792 kwix41@icloud.com
Spanish Conversation	1 st & 3 rd Fridays, 1.00pm	Helen Alquezar 347 9274
Square Dancers	Tuesdays 10.30am	Paul Smith 345 9585 pc.smith5215@gmail.com
Travel Group	4 th Thursdays, 2.00pm	Doris Scott 349 2720
Visits	1 st Fridays, 1.30pm	Judy Somerville 357 2292
Walking Group	2 nd & 4 th Fridays, 9.20am	Ann Sullivan annsullivan822@gmail.com Peter Wood 345 5099
Writing for Families (1)	1 st & 3 rd Fridays, 9.30am	Yvonne Rock 357 5665
Writing for Families (2)	2 nd Mondays, 9.30am	Pauleen Wilkinson 3486244